

# EMOTIONS



AND

# FEELINGS



FICTION

For 0-3  
year olds

## Ollie Feels Fine

**By:** Tony Yuly

**Publisher:**

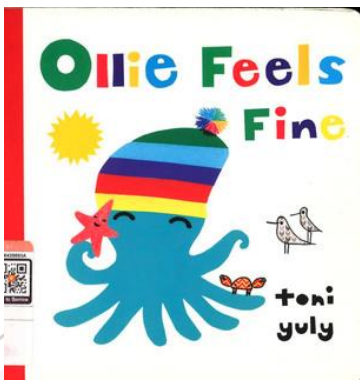
Seattle, Washington: Little  
Bigfoot, an imprint of  
Sasquatch Books, 2021

**Section:**

Early Literacy Emergent  
Readers

**Call No.:** English YUL

Ollie the octopus has a lot of feelings and he struggles to understand them. One especially busy, emotional day, Ollie becomes overwhelmed by all of his feelings. But with the help of his good friend, Stella the starfish, Ollie is reassured and able to feel that he is ok, and that it is fine to have so many feelings.



## Ninjas Have Feelings

**By:** Mary Nhin

**Publisher:**

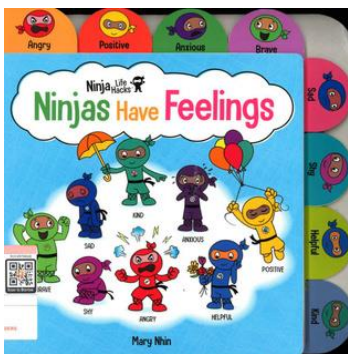
San Rafael, CA: Insight  
Kids, an imprint of Insight  
Editions, 2022

**Section:**

Early Literacy Emergent  
Readers

**Call No.:** English NHI

This adventure-filled book about emotions has a Ninja experiencing every mood — from Angry to Positive and everything in between — and helping children navigate a sometimes frustrating world.



# EMOTIONS



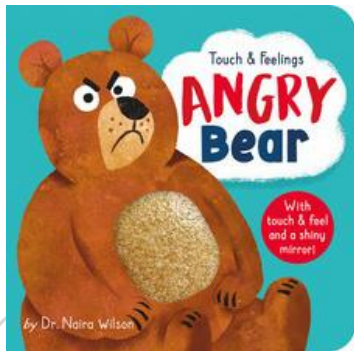
AND

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## Angry Bear

**By:** Dr Naira Wilson & David Creighton-Pester

**Publisher:**

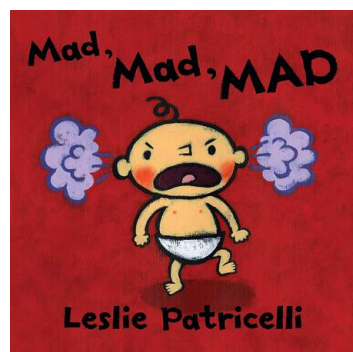
London: Little Tiger Press Ltd, 2021

**Section:** Early Literacy Sense & Sensations

**Call No.:** English WIL

This tactile touch-and-feel book introduces emotions to even the youngest child, with a particular focus on being angry.

Written by a child psychologist who specialises in children's emotions, this is a hugely helpful tool for parents and kids alike — and a lot of fun!



## Mad, Mad, MAD

**By:** Leslie Patricelli

**Publisher:** Somerville, MA: Candlewick Press, 2020

**Section:** Early Literacy Emergent Readers

**Call No.:** English PAT

**OverDrive link:**

<https://nlb.overdrive.com/media/5745867>

Baby screams and falls to the floor, and a spectacular tantrum follows, from furious crying to the final flop. What happens when Baby wants to stop, but even hugging a beloved blankie doesn't dissolve the cranky?

Master of toddler expression Leslie Patricelli turns the focus to feelings in a relatable episode offering some tips for helping the mad go away.

# EMOTIONS



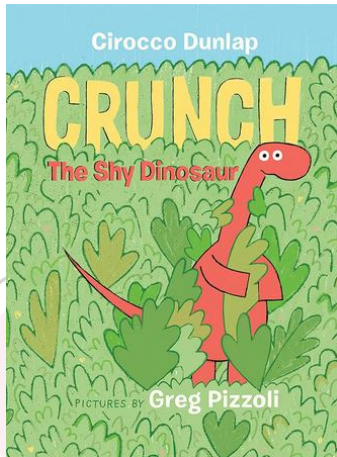
AND

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## Crunch the Shy Dinosaur

**By:** Cirocco Dunlap & Greg Pizzoli

**Publisher:**

New York: Random House Studio,  
an imprint of Random House  
Children's Books, 2021

**Section:** Early Literacy  
Emergent Readers

**Call No.:** English DUN

**OverDrive link:**

[https://nlb.overdrive.com/media/  
3878425](https://nlb.overdrive.com/media/3878425)

Crunch is a lovely and quiet brontosaurus who has hidden himself in some shubbery and is rather shy. He would like to play, but it will require some gentle coaxing from you!

This picture book is a warm, funny example of how to engage with someone new, who is perhaps a bit different from you.

Visit NLB's OverDrive to access our eBooks!  
<https://nlb.overdrive.com/>



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NON-FICTION

For 0-3  
year olds

## My Book of Feelings: Exploring a World of Emotion

**By:** Nicola Edwards

**Publisher:**

London: Caterpillar Books,  
2020

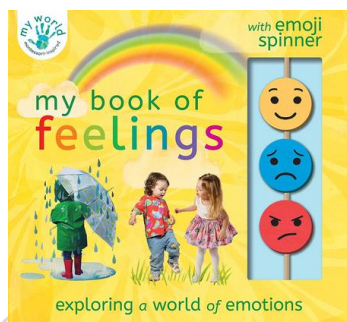
**Section:**

Early Literacy Concepts

**Call No.:** English 152.4 EDW

Use the colourful emoji spinner and mirror to put a face to your feelings!

This interactive book helps you to navigate the world of emotions with your child. Explore a range of interesting and emotive topics together and delve into what feelings really mean.



## Feelings

**By:** Xavier Deneux

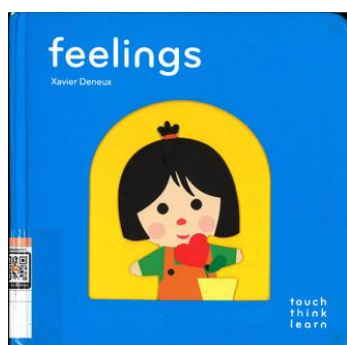
**Publisher:** San Francisco:  
Handprint Books, 2020

**Section:**

Early Literacy Concepts

**Call No.:** English 152.4 DEN

*Feelings* is a tactile board book with scooped-out die-cuts and raised elements that invites little readers to explore a range of emotions — from joy to anger — in a hands-on way.





# EMOTIONS



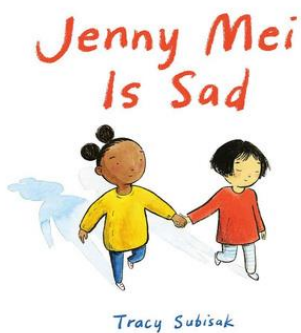
AND

# FEELINGS



FICTION

For 4-6  
year olds



## Jenny Mei is Sad

**By:** Tracy Subisak

**Publisher:**

New York: Little, Brown and Company, 2021

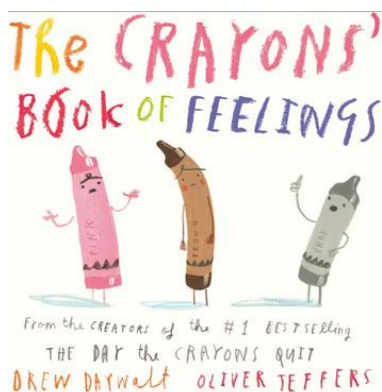
**Section:**

Early Literacy Picture Books

**Call No.:** English SUB

My friend Jenny Mei is sad. But you might not be able to tell. But, her friend knows that Jenny Mei is sad, and does her best to be there to support her.

This beautifully illustrated book is perfect for introducing kids to the complexity of sadness, and to show them that the best way to be a good friend, especially to someone sad, is by being there for the fun, the not-fun, and everything in between.



## The Crayons' Book of Feelings

**By:**

Drew Daywalt & Oliver Jeffers

**Publisher:**

New York: Philomel Books, an imprint of Penguin Random House LLC, 2021

**Section:** Early Literacy Emergent Readers

**Call No.:** English DAY

**OverDrive link:**

<https://nlb.overdrive.com/media/5907305>

Everyone knows the crayons love to color, but did you know that crayons have feelings too? Sometimes they are happy and sometimes they feel downright blue. From the creative minds behind *The Day the Crayons Quit* and *The Day the Crayons Came Home*, comes a fun board book to help young readers understand and express their feelings.



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## The STOMPYSAURUS



### The Stompysaurus

**By:**

Rachel Bright & Chris Chatterton

**Publisher:**

London: Orchard Books, 2022

**Section:**

Early Literacy Picture Books

**Call No.:** English BRI

One morning, Stompysaurus wakes from a happy dream, feeling excited for the new day, until things start to go a bit wrong. His brother's being a tease, his breakfast isn't his usual favourite and NOTHING is going right. His STOMPS and ROARS start rising inside him, until they EXPLODE!

But a tricky start doesn't have to mean a stumpy finish. Can Stompysaurus find a new way of looking at things and turn his day around?

The perfect picture book to help children learn to overcome feelings of anger and annoyance when it seems like everything is going wrong.

For amazing reading activities, visit  
<https://go.gov.sg/i-can-read>



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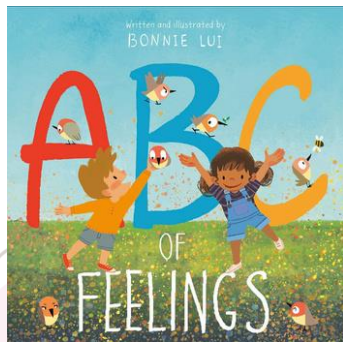
AND

# FEELINGS



NON-FICTION

For 4-6  
year olds



## ABC of Feelings

**By:** Bonnie Lui

**Publisher:**

New York: Philomel Books,  
2021

**Section:**

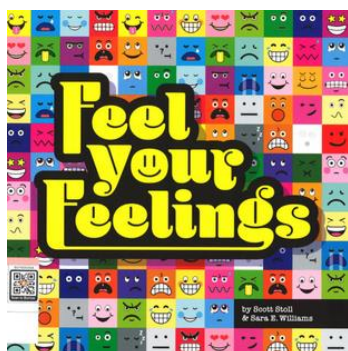
Early Literacy Picture  
Books / Non-Fiction

**Call No.:** English 152.4 LUI

**OverDrive link:**

[https://nlb.overdrive.com/  
media/5431836](https://nlb.overdrive.com/media/5431836)

The perfect way for kids to explore the wide range of emotions they feel every day — complete from A to Z with bright, bold illustrations! From anxious to zany, kids experience a wide range of emotions, but they don't often have the language to explain how they're feeling. *ABC of Feelings* explains that it's perfectly okay — and normal! — to feel many different things, and gives both kids and parents the tools they need to make the abstract nature of feelings and emotions easier to discuss and understand.



## Feel Your Feelings

**By:** Scott Stoll & Sara E.

Williams, PhD

**Publisher:**

Washington, DC:  
Magination Press, 2022

**Section:**

Early Literacy Picture  
Books / Non-Fiction

**Call No.:**

English 155.4 STO

From glad to sad, silly to worry, love to disgust, and many more, the expert authors use cognitive-behavioral principles to introduce kids to tons of everyday feelings. A reader's note in the back of the book explains the concept of emotions, why they can be labeled as bad, and how they are a gift. It also tells more about the poems, the art, and offers further resources.